Daily Class Schedule

RETIREMENT PLANNING SEMINAR

(RV101) **(Updated 11/17/14)**

FSI/TC/Career Transition Center
Shultz NFATC
US DEPARTMENT OF STATE

CAREER TRANSITION CENTER STAFF:
Catherine McCormick, Mary Martinez, Vandoster Tabb, Courtney Turner

RV101 (Monday -- Thursday)
RV104 (Tuesday only)
RV103 (Wednesday only)

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Dec 1-4, 2014

MONDAY	TUESDAY (RV104)	WEDNESDAY(RV103)	THURSDAY
DEC 1, 2014 **K-1109/1503/1108/1502** 8:15 – 8:50 **REGISTRATION** 8:50 – 9:00 **Welcome and Announcements** CTC Staff 9:00 – 11:45 **Retirement: A Life Transition** Michael Creedon, DSW 11:45 – 12:45 **LUNCH** 1:00 – 2:30 **The Key to Wellness** Linda Campanelli, Ph.D. Health Educator 2:45-4:00 **Federal Long Term Care Program** Jeannie Singleton Long Term Care Partners, LLC www.ltcfeds.com	**DEC 2, 2014** **K-1109/1503/1108/1502** 8:15 – 8:50 **REGISTRATION** 8:55 -11:45 **Annuities and Benefits** US DOS Office of Retirement ***Go to the assigned room for your retirement plan*** **FOREIGN SERVICE** **FSPS** Richard Crisp Room K1108/1502 **FSRDS** Amber Hanbury Room K-2111 **CIVIL** SERVICE **CSRS** Rhonda Cummings Room K-1505 **FERS** Chadrick Kelly Room K1109/1503 **11:45 – 12:30 PM LUNCH** ***Please Return to*** **K-1109/1503/1108/1502** 12:30 – 2:15 **Thrift Savings Plan** Randall Urban Federal Retirement Thrift Investment Board (FRTIB) **www.frtib.gov/** **www.tsp.gov** 2:30 – 3:40 **Social Security Benefits** David Melton, SSA ***(3:40 – 3:45 brief stretch break)*** 3:45 – 5:00 **Medicare and the FEHB** Paula Jakub American Foreign Service Protective Assn. (AFSPA) www.afspa.org	**DEC 3, 2014** **K-1109/1503/1108/1502** 8:15 – 8:55 **REGISTRATION** 9:00 – 11:45 **Financial Management** Karen Schaeffer, CFP Schaeffer Financial LLC www.schaefferfinancial.com 11:45 – 1:00 **LUNCH** 12:00 – 1:00 OPTIONAL **Divorce & Retirement (Foreign Service)** Jacqueline Long US DOS Office of Retirement **Room K-2504** 1:00 – 4:00 **Fundamental Aspects of Estate Planning** John Laster, Esq. http://www.trusttolast.com/	**DEC 4, 2014** **K-1109/1503/1108/1502** 8:15 – 8:55 **REGISTRATION** 9:00 – 11:45 **Planning for a Less Taxing Retirement** Bob Leins, CPA http://www.nitpinc.com/ www.goldleins.com 11:45 – 1:00 **LUNCH** 12:00 – 1:00 OPTIONAL **Divorce & Retirement (Civil Service)** Sandra Christian US DOS Office of Retirement **Room K-2504** 1:00 – 2:25 **Marketing Yourself for your Future** Thomas Morris, III, CMF Morris Associates, Inc. www.morrisdc.com 2:40 – 4:00 **(OPTIONAL) Travel & Transportation Issues** Mette Beecroft DOS Office of Transportation & Travel Management

- **Printed course materials will be provided to all participants each day.**
- **DOS personnel – Course materials are also available for review on the SharePoint site:** http://fsi.m.state.sbu/sites/tc/CTC/RPS/default.aspx